

SPEAKER KIT

Lisa O'Neill





MEET LISA

Charismatic and engaging, Lisa is a well known keynote speaker, author and MC to audiences in New Zealand and Australia.

Lisa is obsessed with people living the lives that they want to live - to honour themselves by being more of themselves. Helping companies improve their staff and customer engagement and individuals to have more energy, more passion and more happiness in their lives. Lisa gives people the tools and the permission to be the best version of themselves.

With more than 10 years experience as a keynote speaker, Lisa speaks about the importance of energy, excellence and enthusiasm, the power of personal presentation, the myth of work-life balance and how to live a magnificent life.

Being born and raised in small town New Zealand, Lisa has a great ability to work with people from all walks of life.

Lisa is the author of three books, 'Look Gorgeous, Be Happy', 'Juggling in High Heels - How to Organise Chaos' and 'The Lickable Third'.

She believes we all want to be happy, to have energy, to feel amazing but so few know how. How to have, do, and be the vibrant energetic person that they dream of being.

Lisa's keynote presentations are guaranteed to leave you feeling motivated, inspired and full of energy.

ENERGY, EXCELLENCE & ENTHUSIASM

PERSONAL EFFECTIVENESS / MINDSET

AUDIENCE front line staff customer service sales teams

Without energy we are nothing. To live an excellent life we need to make an effort. Without energy, making an effort is nearly impossible. There are so many things that contribute or contaminate our energy. From the food we eat, the way we move to the people we spend time with. In order to perform at your best you need the best energy possible. Lisa has been called a Human Berrocca! Learn her secrets for maintaining high energy – even in tough times.

Families need parents who are engaged, adults need partners who connect and children need parents that are invested in them. Getting staff engaged, with energy, excellence and enthusiasm is Lisa's speciality. If you are interested in exceeding your customers expectations, leading your team to greatness and being as effective as possible in life then your energy is the first place to start!

“Lisa has a deep profound wisdom about how to lead a life that works. She is living her life by design, and teaching thousands of others to do the same”.

- Peter, Melbourne



PERSONAL POWER

LEADERSHIP / TRANSFORMATION

AUDIENCE account managers sales people front line staff business leaders

Learn how to be the best version of yourself.

In a world where we are constantly under pressure; pressure to perform, to achieve, to sell and to do more – having the confidence to be the most magnificent version of yourself is the secret. It feels great to look great, to feel congruent and to present your best self to the world. What is required is effort. It takes effort to look good, effort to be good, effort to get in charge of your life. Personal power puts you in the drivers seat. People who feel powerful make more decisions, take the lead and contribute to their organisations. It's time to stop playing small, to be good enough and to take charge.

A session with Lisa on personal power will leave you feeling like making an effort rather than making an excuse. Getting in charge of YOU will be your greatest achievement in 2019.



“Lisa has a unique skill with regard to her style of presentation, ability to connect and positively influence the lives of others. I learned so much, and I laughed so much - what a combination”.

- Wendy, Auckland

“Lisa had the room in tears of laughter as she glamorously and energetically commanded the stage, capturing our attention with her pearls of wisdom, straight-talking attitude, experiences and humorous anecdotes.”.

- Leigh, Auckland



ORGANISING CHAOS

PRODUCTIVITY / PERSONAL EFFECTIVENESS

AUDIENCE sales people working parents business owners team leaders

Modern lives are busy lives: work, family, friends, health, finance, and more. Lisa has mastered a busy life and will teach you how to master yours.

Based on her book, *Juggling in High Heels*, learn the art of juggling priorities with good planning. By deciding what is important and when it's important, you can feel on top of it all. You can then do more of what you want! Lisa will teach you to navigate your never ending list of roles, to learn to let the small stuff go, and to start living a life that you love.

An inspiring session for anyone feeling overwhelmed, Lisa is proof that you can live in organised chaos with a smile on your face!



*“Uplifting, inspirational,
practical, no nonsense
approach to life and style.
You have changed the way
I live my life”.*

- Ange, Dunedin

LEAD YOURSELF TO LEAD OTHERS

LEADERSHIP / TRANSFORMATION

AUDIENCE account managers sales people front line staff business leaders

The most important relationship of your life is the one that you have with yourself.

Lisa has taught 1000's of people to learn how to be their own best friend.

Her workshops have changed how people feel, how they act and BE in all of their relationships. In our crazy, busy lives we have lost the art of 'being nice', of being good friends, good family and good to ourselves. Being a loving human will be the greatest skill of the future, people who care, people who have confidence, people who live courageously will always have careers. Great leaders have self awareness, confidence and self belief. Lisa is passionate about creating inspirational leaders who are authentic and aware.

EVERYTHING YOU WANT

TRANSFORMATION / PERSONAL DEVELOPMENT

AUDIENCE anyone with a life!

Everyone wants to live a joyful life. A life where you have the freedom to do what you want, where you are surrounded by people you can trust and you have the energy you need to get things done. Taking control where you can and taking daily action to live well.

There are 6 foundations that we need to address to live this way. Six simple things that we need to address to have an amazing magnificent life.

Lisa is passionate about people leading big happy magnificent lives. She will inspire, teach and show you how you can live the best life ever!



“Lisa is an amazing speaker and was a highlight of the L’OREAL Professionnel conference in Fiji. Lisa captured the crowd immediately and kept them fully engaged throughout her presentation. It was a beautifully balanced presentation which was hilarious and very informative. I’ve had rave reviews from all of our delegation and as such I would fully recommend Lisa and I would love to use her again.”

— Mark Hitchcock | CEO
L’Oreal Professional



You were exceptional yesterday. We couldn't have asked for a more energetic end to our conference but more importantly your messaging landed "on the spot". It was so relevant and timely to your audience. We will be having you back.

- Mike Henderson | CEO Professionals Real Estate

ENQUIRE/BOOKINGS

Please get in touch to discuss
Lisa at your next event.

Fees will be tailored to suit
your budget and requirements.

CONTACT

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